



# Aid<sup>4</sup> Joints

120 Capsules

Joint pain is one of the most irritating forms of discomfort a person can experience. It can range from inflammation to stiffness to numbness to arthritic pain. Unfortunately, joint discomfort is not something that simply goes away. It must be treated properly.

**Pure Advantage Aid<sup>4</sup> Joints** is designed to help control and elevate joint discomfort. This unique formulation may help with cartilage regeneration and anti-inflammatory relief for those suffering from joint problems. Aid<sup>4</sup> Joints four ingredients work synergistically to help control troublesome joint pain.

**MSM (methylsulfonylmethane)** – is a natural form of organic sulfur that is naturally present in the body. Sulfur is the fourth most abundant mineral in the body and is necessary for the functioning of glucosamine. Sulfur is responsible for healthy protein and connective tissue production. MSM helps enzymes conduct countless chemical reactions inside the body. Its natural compounds protect the body against toxicity and harmful oxidative stress. MSM is helpful in controlling osteoarthritis in the following ways: may reduce pain, inflammation, muscle spasms around arthritic joints, lessens the formation of scar tissue, improves blood circulation, and may slow down cartilage degeneration.

**Glucosamine Sulfate** – is an organic component of connective tissue and cartilage. It is helpful in stimulating new cartilage formation. Glucosamine is produced in the body to generate cartilage in the joints. As a person ages, the ability to produce glucosamine becomes a difficult process. As a result, stiffness and joint discomfort can occur since the body cannot produce sufficient amounts of glucosamine. When combined with MSM, glucosamine sulfate is even more effective in reducing pain. Glucosamine possesses anti-inflammatory properties, and it is important for the formation of synovial joint fluid.

**Bromelain** – is an enzyme derived from pineapple. It helps stimulate the production of prostaglandins (the body's inflammation modulators). Bromelain also aids in the digestion of protein. Bromelain is excellent for reducing inflammation by increasing the breakdown of fibrin.

**Collagen Type II**– works with the immune system to prevent the body from attacking its joints. Rheumatoid arthritis (RA) is an autoimmune disease characterized by chronic inflammation of the joints, which gradually erodes the cartilage and bone. . A Harvard study revealed that 28 patients with severe rheumatoid arthritis who took type II collagen for three months showed substantial improvement, while four patients recovered completely.

**Manganese**– is a mineral essential for the formation of connective tissue and cartilage. It is necessary for the correct functioning of the antioxidant enzyme superoxide dismutase (SOD). In addition, there is evidence that patients with chronic inflammatory conditions including arthritis have an increased need for manganese.

## Supplement Facts

Serving Size: 4 Capsules

Servings per Container: 30

Amount Per Serving		% Daily Value
Manganese (as Manganese Citrate)	5 mg	250%
Glucosamine Sulfate	1200 mg	†
MSM (Methylsulfonylmethane)	1200 mg	†
Bromelain (2,400 GDU)	300 mg	†
Collagen Type II	300 mg	†
Digeseb@Plus*	25 mg	†

† Daily Value not established

### SOURCES

*The Miracle of MSM.* Jacob, Lawrence, Zucker. 1999.

*Prescription for Nutritional Healing.* 2<sup>nd</sup> Edition. Balch. 1997

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\*Digeseb@Plus is a proprietary blend of acid stable plant based enzymes supplying (Amylase, Protease I, Protease II, Lipase and Cellulase) for enhanced bioavailability.

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